

AVAILABLE FOR INTERVIEWS

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**Interview Leading Pediatric Behavioral Expert on:
THE TOOLS AND KNOWLEDGE EVERY PARENT NEEDS TO BE
THE PRIMARY ADVOCATE FOR THEIR CHILD WITH ADHD**

Every parent of a child with ADHD knows the story by heart: you research all of the blogs, debate medications, try to decide the best way to approach decision making itself, and the list goes on and on. James M. Lewis, MD, board-certified in both Pediatrics and the subspecialty of Neurodevelopment Disabilities, recognizes that parental multidisciplinary approaches to a variety of disorders and conditions in their children often turns out the most successful results.

Dr. Lewis has served as the Director of the School Solutions Center of Marshall University for the past 15 years, allowing his full-time practice to devote exclusively to children with school and behavior problems. He also leads a statewide ADHD quality improvement project sponsored by the American Academy of Pediatrics (AAP) and serves as the principal investigator on an AAP grant for improving healthcare of WV children who are in foster care.

As a parent himself, he has experience not only with other peoples' children, but also with his own children and their battles with ADHD and other behavioral roadblocks. In providing other parents with a healthy framework for treatment, Dr. Lewis wants them to know that parents will always sense the best coordination of care for their child. In his upcoming book ***Making Sense of ADHD: Overcoming the Unique Challenges*** [High Tide Press, November 7th, 2018], he explores the multifaceted process of treating and caring for children with ADHD.

“While it’s a common disorder, it’s very difficult for doctors to diagnose,” says Dr. Lewis. “ADHD is very often paired with a co-existing issue that needs treatment, including anxiety, anger, or sleep disorders.”

It is essential to admit that there are barriers when it comes to treating and diagnosing ADHD in today’s society. “The common story is simply the over diagnosing of this disorder and also the over-medicalization of normal variants of behavior or lack of proper parenting,” Dr. Lewis explains. “Stimulant medication has a lot of health dangers, and I always advise parents to take it with caution unless it is the best possible option. Even overtreatment with multiple medications without diagnosing the underlying problem of ADHD can be dangerous.”

In a powerful and informative interview, Dr. James M. Lewis can answer all of your adolescent ADHD questions as well as discuss:

- Why ADHD is so common now
- The underlying causes of ADHD and the effect of adverse childhood experiences

- The barriers to making the diagnosis and how can they be overcome
- The pros and cons of medical treatment: The danger of stimulant medication – addiction, creating zombies, heart attacks and sudden death, tic stimulation, growth stunting, long term side effects
- The behavior problems that may also be present in children with ADHD
- The educational problems that children with ADHD may have and how to put a plan in place to overcome them
- How autism interacts with ADHD
- Obtaining appropriate help from the school for problems learning due to ADHD and associated conditions
- ADHD in homeless children and children in foster care
- And so much more...

JAMES M. LEWIS, MD is board certifies in both Pediatrics and the subspecialty of Neurodevelopment Disabilities with training at Houghton College, SUNY School of Medicine at Buffalo, the University of Maryland Hospital in Baltimore, and the Children’s Hospital of Pittsburgh. He is currently a Professor of Pediatrics at the Joan C. Edwards School of Medicine at Marshall University in the Department of Pediatrics and has been working there for the past 15 years. Dr. Lewis sees approximately 150 new patients annually referred from other doctors.

In addition to his philanthropic work mentioned earlier surrounding homeless and foster children and ADHD, Dr. Lewis is a regular lecturer on ADHD and related problems to parents and professionals in the Tri-State Area of West Virginia, Kentucky, and Ohio and has presented posters at national meetings of the American Academy of Pediatrics (AAP), the Learning Disability Association, and the Pediatric Academic Research Society. He has published over 25 scholarly journal articles, book chapters, and scientific abstracts.

***Making Sense of ADHD: Overcoming the Unique Challenge* will be available at Indiebound, Amazon and wherever books are sold.**

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